

PROMOTING WELFARE & CITIZENSHIP IN RURAL COMMUNITIES? Rural Mental Health Hybrid Workshop for Learning by Experience.

June 9th-10th, Cultural Centre Poleeni, Savonkatu 13, Pieksämäki, Finland and online

Diak's project personnel at the Rural Mental Health project invites working life collaborators, researchers, teachers and students to join the workshop! The workshop will be held online for our international participants. The Finnish guests can also participate in a live event.

PROGRAMME

Wednesday, June 9th, 11am-3pm Finnish local time/ 10am-2pm (CET time) / 9am-1pm (UK time)

11.00 (Fin) / 10.00 (CET) / 9.00 (UK)

Welcoming and Opening Speech of the Workshop
Päivi Niiranen-Linkama, PhD, National Project Coordinator, RMH.
Markku Salo, PhD, Project Expert, RMH.

11.15 (Fin) / 10.15 (CET) / 9.15 (UK)

The Dynamics and Strategies of Rural Vitality in Finland.
Torsti Hyryläinen, PhD, Research Director, Ruralia Institute, University of Helsinki.

11.45 (Fin) / 10.45 (CET) / 9.45 (UK)

From Mental Health Ghettos to Recovery – Overcoming the Invisible Walls?
Petra Laitinen, Pharmaceutical Chemist.
Päivi Niiranen-Linkama, PhD, National Project Coordinator, RMH.
Markku Salo, PhD, Project Expert, RMH.
Workshops & General Discussion

Approx 13.15 (Fin) / 12.15 (CET) / 11.15 (UK)

Short Break, Coffee/Tea, etc.

13.30 (Fin) / 12.30 (CET) / 11.30 (UK)

Revitalising the Balance between Us and Nature?
Cilla Ekholm-Tiainen, Farming Entrepreneur, Artist.
Varpu Wiens, PhD, Project Manager, Promoting Social Inclusion in Eastern and Northern Finland.
General Discussion

14.50 (Fin) / 13.50 (CET) / 12.50 (UK)

Conclusions from Day One

Thursday, June 10th, 11am-3pm Finnish local time/ 10am-2pm (CET time) / 9am-1pm (UK time)

11.00 (Fin) / 10.00 (CET) / 9.00 (UK)

Social-Emotional Learning with a Sound Journey and the Sharing of Experiences.
Catarina Brazao, Mental Health Professional, Expert on Body-Mind Interrelationships
Markus Pesonen, MA., Musician, Sound Designer and Multimedia Artist

12.00 (Fin) / 11.00 (CET) / 10.00 (UK)

License to Change – Strengthening Farmers' Capabilities in their Professional and Family Lives.
Merja Nykänen, MSc, Project Manager, *Farmers' wellbeing in Career Change*

Approx 13.00 (Fin) / 12.00 (CET) / 11.00 (UK)

Short Break, Coffee/Tea, etc.

13.15 (Fin) / 12.15 (CET) / 11.15 (UK)

More information:

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Visualizing Social Disadvantage? – Case Study: Southern Savo
Joakim Zitting, MSc, Researcher, Promoting Social Inclusion in Eastern Finland.

14.00 (Fin) / 13.00 (CET) / 12.00 (UK)

Citizenship Democracy and Empowering Farm Workers without Land in Brazil
Project manager Pertti Simula, Movimento de los Trabajadores sin Tierra (MST) de Brasil.

14.30 (Fin) / 13.30 (CET) / 12.30 (UK)

General Discussion

14.50 (Fin) / 13.50 (CET) / 12.50 (UK)

Conclusions from the Workshop.

REGISTRATION

Register here by 4.6.2021: <https://link.webpolsurveys.com/S/60B14AD5CBCC686F>

You will receive the link to the webinar after that or instructions for the live event.

More information:

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- Website: <http://ruralmentalhealth.eu/>



Co-funded by the
Erasmus+ Programme
of the European Union



Diak

The project *Rural Mental Health* is a project managed by French Coordinator Afeji. The aim of the project is to find out how to promote welfare in rural communities. The EU funded project co-operates with The Polish Farm Advisory, Training Centre, Mental Health Europe, PROPEL Europe and Merseyside Expanding Horizons (MEH) and Diak.

